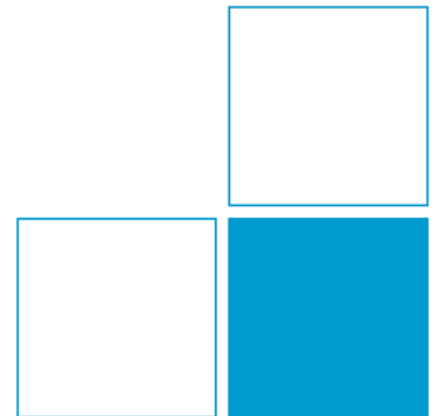


Angular Momentum Gymnastics

Christian Lisdat



Books:

A.R. Edmonds: *Angular Momentum in Quantum Mechanics*
Princeton Paperbacks (20 – 25 €)

B.R. Judd: *Angular Momentum Theory for Diatomic Molecules*
Academic Press (55 €)

M. Mizushima: *Theory of Rotating Diatomic Molecules*
John Wiley & Sons (58 – 453 €)

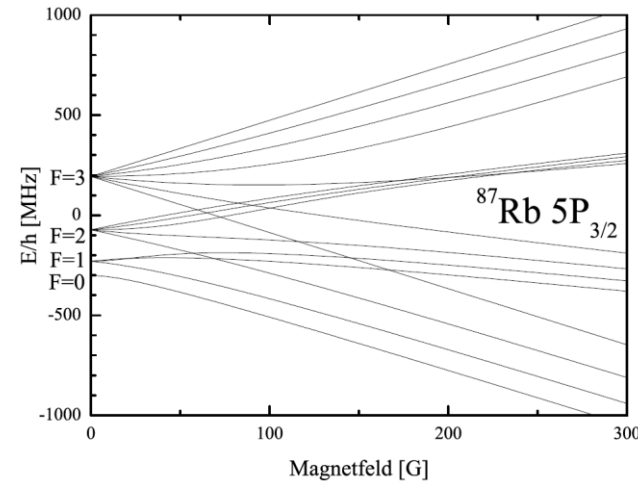
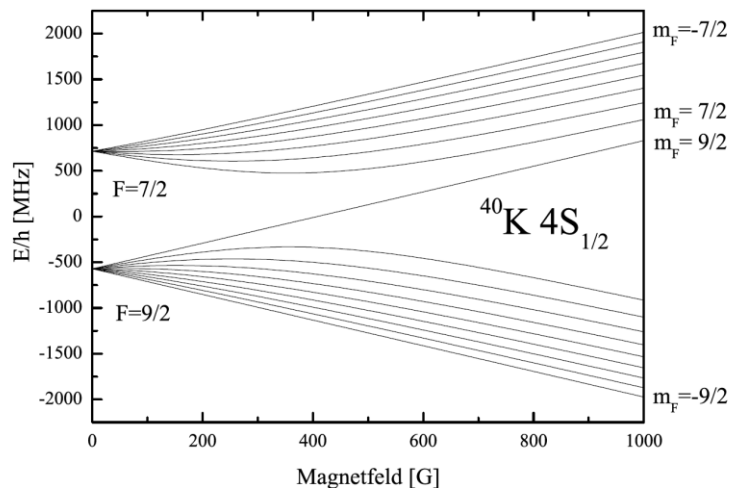
R.N. Zare: *Angular Momentum: Understanding Spatial Aspects in Chemistry and Physics*
Baker Lecture Series (110 €) **(Careful: incompatible phase convention)**

Metcalf, van der Straaten: *Laser cooling and Trapping*

(Strupid) Examples:

① Atomic decay channels / Rabi frequency

② Zeeman effect (and a little bit of Paschen-Back)



Diss. Klempt

③ Molecules: Rabi frequency / Stark effect / Hönl-London factor

Reduced matrix element, Wigner-Eckart

THE SPHERICAL TENSOR NOTATION. We define the spherical components³ of a vector \mathbf{r} as

$$(5.1.3) \quad r_{\pm 1} = \mp \frac{1}{\sqrt{2}} (x \pm iy); \quad r_0 = z$$

i.e.
$$x = \frac{1}{\sqrt{2}} (r_{-1} - r_{+1}); \quad y = \frac{i}{\sqrt{2}} (r_{-1} + r_{+1})$$

5.4. The Reduced Matrix Elements of a Tensor Operator

DEFINITION. It is convenient to define scalar quantities which differ slightly from the left-hand factor in (5.3.1). The V - C coefficient is replaced by one more symmetrical in the quantum numbers of initial and final states, by use of the symmetry relation (3.7.4). We have then the definition of the *reduced* or *double-bar* matrix elements

$$(5.4.1) \quad \begin{aligned} & (\gamma' j' m' | T(k q) | \gamma j m) \\ &= (-1)^{i-m} \frac{(j' m' j - m | j' j k q)}{(2k + 1)^{\frac{1}{2}}} (\gamma' j' || \mathbf{T}(k) || \gamma j) \\ &= (-1)^{i'-m'} \begin{pmatrix} j' & k & j \\ -m' & q & m \end{pmatrix} (\gamma' j' || \mathbf{T}(k) || \gamma j) \\ &= (-1)^{k-i+i'} \frac{(k q j m | k j j' m')}{(2j' + 1)^{\frac{1}{2}}} (\gamma' j' || \mathbf{T}(k) || \gamma j). \end{aligned}$$

The convention we have adopted is that of Racah (1942); it is compared with the conventions and notations used by some other workers in Table 5.1.

Reduced matrix element, Wigner-Eckart

Table 2.

$$\begin{pmatrix} j_1 & j_2 & j_3 \\ 0 & 0 & 0 \end{pmatrix} = (-1)^{\frac{1}{2}J} \left[\frac{(j_1 + j_2 - j_3)!(j_1 + j_3 - j_2)!(j_2 + j_3 - j_1)!}{(j_1 + j_2 + j_3 + 1)!} \right]^{\frac{1}{2}} \frac{(\frac{1}{2}J)!}{(\frac{1}{2}J - j_1)!(\frac{1}{2}J - j_2)!(\frac{1}{2}J - j_3)!}$$

if J is even.

$$\begin{pmatrix} j_1 & j_2 & j_3 \\ 0 & 0 & 0 \end{pmatrix} = 0 \quad \text{if } J \text{ is odd where } J = j_1 + j_2 + j_3$$

$$\begin{pmatrix} J + \frac{1}{2} & J & \frac{1}{2} \\ M & -M - \frac{1}{2} & \frac{1}{2} \end{pmatrix} = (-1)^{J-M-\frac{1}{2}} \left[\frac{J - M + \frac{1}{2}}{(2J + 2)(2J + 1)} \right]^{\frac{1}{2}} \quad (J + \frac{1}{2}, J, \frac{1}{2})$$

$$\begin{pmatrix} J + 1 & J & 1 \\ M & -M - 1 & 1 \end{pmatrix} = (-1)^{J-M-1} \left[\frac{(J - M)(J - M + 1)}{(2J + 3)(2J + 2)(2J + 1)} \right]^{\frac{1}{2}} \quad (J + 1, J, 1)$$

$$\begin{pmatrix} J + 1 & J & 1 \\ M & -M & 0 \end{pmatrix} = (-1)^{J-M-1} \left[\frac{(J + M + 1)(J - M + 1) \cdot 2}{(2J + 3)(2J + 2)(2J + 1)} \right]^{\frac{1}{2}}$$

$$\begin{pmatrix} J & J & 1 \\ M & -M - 1 & 1 \end{pmatrix} = (-1)^{J-M} \left[\frac{(J - M)(J + M + 1) \cdot 2}{(2J + 2)(2J + 1)(2J)} \right]^{\frac{1}{2}} \quad (J, J, 1)$$

$$\begin{pmatrix} J & J & 1 \\ M & -M & 0 \end{pmatrix} = (-1)^{J-M} \frac{M}{[(2J + 1)(J + 1)J]^{\frac{1}{2}}}$$

Edmonds, the important part:

CHAPTER 7

The Evaluation of Matrix Elements in Actual Problems

7.1. Matrix Elements of the Tensor Product of Two Tensor Operators

$$\begin{aligned}
 & (\gamma' j'_1 j'_2 || \mathbf{T}(k_1) \mathbf{U}(k_2) || \gamma j_1 j_2) [(2k_1 + 1)(2k_2 + 1)]^{-\frac{1}{2}} \\
 &= \sum_{\gamma''} (\gamma' j'_1 j'_2 || \mathbf{T}(k_1) || \gamma'' j_1 j'_2) \\
 (7.1.3) \quad & \quad \times (\gamma'' j_1 j'_2 || \mathbf{U}(k_2) || \gamma j_1 j_2) [(2k_1 + 1)(2k_2 + 1)]^{-\frac{1}{2}} \\
 &= \sum_{m_1 m'_1 m_2 m'_2 q_1 q_2 Q} (j'_1 m'_1 j_1 m_1 | j'_1 j_1 k_1 q_1) (j'_2 m'_2 j_2 m_2 | j'_2 j_2 k_2 q_2) \\
 & \quad \times (k_1 q_1 k_2 q_2 | k_1 k_2 K Q) \cdot (-1)^{j_1 + j_2 + m_1 + m_2} \\
 & \quad \times (\gamma' j'_1 m'_1 j'_2 m'_2 | X(K Q) | \gamma j_1 -m_1 j_2 -m_2)
 \end{aligned}$$

We see immediately that these two expressions are associated with different coupling schemes for the angular momenta j'_1, j_1, j'_2, j_2 and the left-hand sides are related by the corresponding transformation coefficient

$$\begin{aligned}
 & (\gamma' j'_1 j'_2 J' || \mathbf{X}(K) || \gamma j_1 j_2 J) (2K + 1)^{-\frac{1}{2}} \\
 (7.1.4) \quad &= \sum_{\gamma''} (\gamma' j'_1 || \mathbf{T}(k_1) || \gamma'' j_1) \\
 & \quad \times (\gamma'' j'_2 || \mathbf{U}(k_2) || \gamma j_2) [(2k_1 + 1)(2k_2 + 1)]^{-\frac{1}{2}} \\
 & \quad \times ((j'_1 j_1) k_1, (j'_2 j_2) k_2, K | (j'_1 j'_2) J', (j_1 j_2) J, K)
 \end{aligned}$$

Selection rules, branching ratios:

SINGLE OPERATOR IN COUPLED SCHEME. We obtain the reduced matrix element of a tensor operator $\mathbf{T}(k)$ working only on part 1 in the coupled scheme $(\gamma j_1 j_2 J M)$. We put $k_2 = 0$ in (7.1.5), substituting $\mathbf{U}(k) = 1$.

$$(7.1.7) \quad (\gamma' j'_1 j_2 J' || \mathbf{T}(k) || \gamma j_1 j_2 J) = (-1)^{i_1' + i_2 + J + k} [(2J + 1)(2J' + 1)]^{\frac{1}{2}} \begin{Bmatrix} j'_1 & J' & j_2 \\ J & j_1 & k \end{Bmatrix}$$

$$\begin{aligned} \begin{Bmatrix} a & b & c \\ 1 & c-1 & b-1 \end{Bmatrix} &= (-1)^s \left[\frac{s(s+1)(s-2a-1)(s-2a)}{(2b-1)2b(2b+1)(2c-1)2c(2c+1)} \right]^{\frac{1}{2}} && \times (\gamma' j'_1 || \mathbf{T}(k) || \gamma j_1) \\ \begin{Bmatrix} a & b & c \\ 1 & c-1 & b \end{Bmatrix} &= (-1)^s \left[\frac{2(s+1)(s-2a)(s-2b)(s-2c+1)}{2b(2b+1)(2b+2)(2c-1)2c(2c+1)} \right]^{\frac{1}{2}} \\ \begin{Bmatrix} a & b & c \\ 1 & c-1 & b+1 \end{Bmatrix} &= (-1)^s \left[\frac{(s-2b-1)(s-2b)(s-2c+1)(s-2c+2)}{(2b+1)(2b+2)(2b+3)(2c-1)2c(2c+1)} \right]^{\frac{1}{2}} \\ \begin{Bmatrix} a & b & c \\ 1 & c & b \end{Bmatrix} &= (-1)^{s+1} \frac{2[b(b+1) + c(c+1) - a(a+1)]}{[2b(2b+1)(2b+2)2c(2c+1)(2c+2)]^{\frac{1}{2}}} \end{aligned}$$

where $s = a + b + c$.

② Zeeman effect

Table 2.

$$\begin{pmatrix} j_1 & j_2 & j_3 \\ 0 & 0 & 0 \end{pmatrix} = (-1)^{\frac{1}{2}J} \left[\frac{(j_1 + j_2 - j_3)!(j_1 + j_3 - j_2)!(j_2 + j_3 - j_1)!}{(j_1 + j_2 + j_3 + 1)!} \right]^{\frac{1}{2}} \frac{(\frac{1}{2}J)!}{(\frac{1}{2}J - j_1)!(\frac{1}{2}J - j_2)!(\frac{1}{2}J - j_3)!}$$

if J is even.

$$\begin{pmatrix} j_1 & j_2 & j_3 \\ 0 & 0 & 0 \end{pmatrix} = 0 \quad \text{if } J \text{ is odd where } J = j_1 + j_2 + j_3$$

$$\begin{pmatrix} J + \frac{1}{2} & J & \frac{1}{2} \\ M & -M - \frac{1}{2} & \frac{1}{2} \end{pmatrix} = (-1)^{J-M-\frac{1}{2}} \left[\frac{J - M + \frac{1}{2}}{(2J + 2)(2J + 1)} \right]^{\frac{1}{2}} \quad (J + \frac{1}{2}, J, \frac{1}{2})$$

$$\begin{pmatrix} J + 1 & J & 1 \\ M & -M - 1 & 1 \end{pmatrix} = (-1)^{J-M-1} \left[\frac{(J - M)(J - M + 1)}{(2J + 3)(2J + 2)(2J + 1)} \right]^{\frac{1}{2}} \quad (J + 1, J, 1)$$

$$\begin{pmatrix} J + 1 & J & 1 \\ M & -M & 0 \end{pmatrix} = (-1)^{J-M-1} \left[\frac{(J + M + 1)(J - M + 1) \cdot 2}{(2J + 3)(2J + 2)(2J + 1)} \right]^{\frac{1}{2}}$$

$$\begin{pmatrix} J & J & 1 \\ M & -M - 1 & 1 \end{pmatrix} = (-1)^{J-M} \left[\frac{(J - M)(J + M + 1) \cdot 2}{(2J + 2)(2J + 1)(2J)} \right]^{\frac{1}{2}} \quad (J, J, 1)$$

$$\begin{pmatrix} J & J & 1 \\ M & -M & 0 \end{pmatrix} = (-1)^{J-M} \frac{M}{[(2J + 1)(J + 1)J]^{\frac{1}{2}}}$$

② Zeeman effect

$$\begin{aligned}
 & (\gamma' j_1' j_2 J' || \mathbf{T}(k) || \gamma j_1 j_2 J) \\
 (7.1.7) \quad & = (-1)^{j_1' + j_2 + J + k} [(2J + 1)(2J' + 1)]^{\frac{1}{2}} \begin{Bmatrix} j_1' & J' & j_2 \\ J & j_1 & k \end{Bmatrix} \\
 & \quad \times (\gamma' j_1' || \mathbf{T}(k) || \gamma j_1)
 \end{aligned}$$

$$\begin{aligned}
 \begin{Bmatrix} a & b & c \\ 1 & c-1 & b-1 \end{Bmatrix} &= (-1)^s \left[\frac{s(s+1)(s-2a-1)(s-2a)}{(2b-1)2b(2b+1)(2c-1)2c(2c+1)} \right]^{\frac{1}{2}} \\
 \begin{Bmatrix} a & b & c \\ 1 & c-1 & b \end{Bmatrix} &= (-1)^s \left[\frac{2(s+1)(s-2a)(s-2b)(s-2c+1)}{2b(2b+1)(2b+2)(2c-1)2c(2c+1)} \right]^{\frac{1}{2}} \\
 \begin{Bmatrix} a & b & c \\ 1 & c-1 & b+1 \end{Bmatrix} &= (-1)^s \left[\frac{(s-2b-1)(s-2b)(s-2c+1)(s-2c+2)}{(2b+1)(2b+2)(2b+3)(2c-1)2c(2c+1)} \right]^{\frac{1}{2}} \\
 \begin{Bmatrix} a & b & c \\ 1 & c & b \end{Bmatrix} &= (-1)^{s+1} \frac{2[b(b+1) + c(c+1) - a(a+1)]}{[2b(2b+1)(2b+2)2c(2c+1)(2c+2)]^{\frac{1}{2}}}
 \end{aligned}$$

where $s = a + b + c$.

② Zeeman effect

$$\begin{aligned}
 & (\gamma' j_1' j_2 J' || \mathbf{T}(k) || \gamma j_1 j_2 J) \\
 (7.1.7) \quad & = (-1)^{i_1' + i_2 + J + k} [(2J + 1)(2J' + 1)]^{\frac{1}{2}} \begin{Bmatrix} j_1' & J' & j_2 \\ J & j_1 & k \end{Bmatrix} \\
 & \quad \times (\gamma' j_1' || \mathbf{T}(k) || \gamma j_1)
 \end{aligned}$$

$$\begin{aligned}
 & (\gamma' j_1 j_2' J' || \mathbf{U}(k) || \gamma j_1 j_2 J) \\
 (7.1.8) \quad & = (-1)^{i_1 + i_2' + J' + k} [(2J + 1)(2J' + 1)]^{\frac{1}{2}} \begin{Bmatrix} j_2' & J' & j_1 \\ J & j_2 & k \end{Bmatrix} \\
 & \quad \times (\gamma' j_2' || \mathbf{U}(k) || \gamma j_2)
 \end{aligned}$$



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